

Temple Anshe Sholom

HIGH HOLY DAYS BULLETIN

ROSH HASHANAH 2025 | 5786 YOM KIPPUR

YOUR GUIDE TO

- MESSAGES FROM YOUR CANTOR, PRESIDENT, EXECUTIVE DIRECTOR, AND EDUCATOR
- A MESSAGE FROM OUR RETURNING GUEST, RABBI ALAN KATZ
- HIGH HOLY DAYS SERVICES & EVENTS
- UPCOMING FALL FESTIVALS
- UPCOMING PROGRAMS & EVENTS
- MEMBER SPOTLIGHT
- THANK YOU TO OUR SUSTAINING MEMBERS
- 176TH AGM ANNOUNCEMENT



Table of CONTENTS

High Holy Days at a Glance	3
Yizkor – Book of Memory	4
Preparing for the High Holy Days	5
A Note from the Cantor	6
Words from the Rabbi	7
Reflections from the President	8
Update from the Executive Director	10
Sustaining Member Appreciation	11
Family High Holy Days Services & Programs	12
Rosh HaShanah Services & Programs	13
Yom Kippur Services & Programs	14
Fall Festivals & Events	16
Annual General Meeting Notice	17
Insights from the Director of Education	18
Student Spotlight: “I Am A Jew”	20
Member Spotlight: The Apel Family	21
Upcoming Programs & Events	22
Fall Breakfast Club	23





Book Your Free Seat for the Holy Days

Everyone is welcome to attend all of the services with general seating. Should you wish to reserve a seat in a particular location, we ask that you book now through our Office at 905 528 0121 ext. 21. High Holy Day Reserved Seats cost \$80 per person.

EVERYONE MUST REGISTER their plan of attendance at services and events. You can register for services by clicking [HERE](#).

DATES AT A GLANCE

ROSH HASHANAH

- **September 13 at 8:00 PM** S'lichot Film, Discussion, & Service
- **September 22 at 7:00 PM** Erev Rosh HaShanah FAMILY Service
- **September 22 at 7:00 PM** Erev Rosh HaShanah Service
- **September 23 at 9:30 AM** Rosh HaShanah FAMILY Service
- **September 23 at 10:00 AM** Rosh HaShanah Morning 1
- **September 23 at 4:00 PM** Beachside Tashlich Service
- **September 24 at 10:00 AM** Rosh HaShanah Morning 2
- **September 26 at 7:00 PM** Kabbalat Shabbat Shuvah
- **September 28 at 2:00 PM** Cemetery Memorial Service

YOM KIPPUR

- **October 1 at 7:00 PM** FAMILY Kol Nidre
- **October 1 at 7:00 PM** Kol Nidre Service
- **October 2 at 9:30 AM** FAMILY Yom Kippur Service
- **October 2 at 10:00 AM** Yom Kippur Morning Service
- **October 2 at 1:00 PM** Musical Interlude with Jordan Abraham **OR** Torah on the Trail with the TAS Hikers Group
- **October 2 at 2:00 PM** Expressive Art with Cantor Baruch **OR** Yom Kippur Meditation
- **October 2 at 3:00 PM** Chair Yoga Gathering with Wendy Guest **OR** High Holy Days Shiur with Cantor Baruch **OR** Supporting Your Anxious Child with Cathy Dubrofsky, Registered Psychotherapist (in person & online)
- **October 2 at 4:00 PM** Yom Kippur Afternoon Service
- **October 2 at 5:00 PM** Yizkor Memorial Service
- **October 2 at 6:00 PM** Neilah Concluding Service
- **October 2 at 7:30 PM** Break the Fast Community Event

DID YOU KNOW?

Our preparations for the Days of Awe begin with the month of Elul. The Shofar is blown throughout Elul as a reminder of the spiritual work that needs to be done.

Learning and introspection are the focus of our classes and events at this time. The week before Rosh HaShanah, we hold a special service called S'lichot, when we engage in evening learning and offer a solemn musical introduction to the High Holy Days. On the 10th of Tishrei, we arrive at Yom Kippur, the Day of Atonement.



FESTIVALS

- **October 5 at 2:00 PM** Build the TAS Sukkah
- **October 6 at 7:00 PM** Erev Sukkot Festival Service
- **October 7 at 10:00 AM** Sukkot Festival Morning Service
- **October 13 at 7:00 PM** Erev Simchat Torah with Shaarei-Beth El in Oakville
- **October 14 at 10:00 AM** Simchat Torah Morning Service

5786 Book of Memory יזכור

As we prepare our hearts and souls for the approaching High Holy Days, we are reminded of the importance of memory in our tradition. *Yizkor*, meaning "remembrance," is a sacred moment during Yom Kippur when we pause to honour those who are no longer with us, connecting their memory with our prayers and reflections.

Once again this year, Temple Anshe Sholom offers our community the opportunity to include the names of loved ones in our Yom Kippur Yizkor Memorial Book. This tradition allows us to collectively honour the memories of those we have lost, ensuring that their legacies continue to live on in our hearts and in our communal prayers.

In Jewish tradition, it is customary to give *tzedakah*, righteous giving, in memory of loved ones, linking our remembrance to acts of kindness and support for our community. By including the names of your loved ones in our Yizkor Memorial Book, you not only honour their memory but also contribute to sustaining our congregation and the values that they held dear.

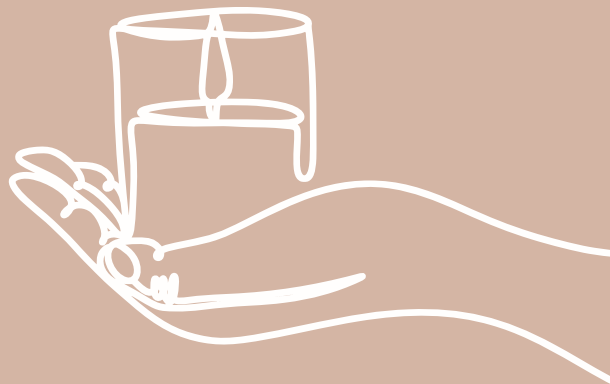
We are deeply grateful to everyone who participates in this cherished tradition. To submit the names of those you wish to memorialize, please use the form included in the envelope with this bulletin, visit our website for the digital submission form, or call the office directly for assistance. You may also email your information to office@anshesholom.ca.

Please note that all submissions for the Yizkor Memorial Book must be received before **Monday, September 15, 2025**, in order to ensure inclusion in time for our Yom Kippur Memorial Service. We thank you for your participation and for helping us keep the memories of our loved ones alive through this meaningful tradition.

May the memories of our loved ones continue to be a blessing, and may their names be inscribed for good in our collective memory.

Yizkor

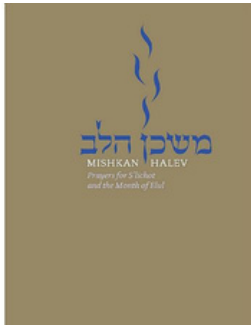
Submit the
names of your
loved ones



Names will be shared during our Yizkor Service on Yom Kippur afternoon

Preparing for the High Holy Days

Our Prayer Book for the month of Elul: *Mishkan HaLev*



Mishkan HaLev will be featured at all Kabbalat Shabbat services during the month of Elul (beginning August 24th) and used for our *S'lichot* service on Saturday, September 13th. Join us for a film & discussion, changing of the Torah vestments to white, and a solemn musical service.

If you do not already own copies of *Mishkan HaLev* and you would like to have one, you can order a physical copy or the Kindle edition (much cheaper!) through Amazon or through CCAR Press at CCARPress.org. Using a digital reading device at services is permitted and encouraged at Temple Anshe Sholom.

S'lichot: A Night of Reflection & Renewal

Saturday, September 13th at 8:00 PM

Prepare your heart for the High Holy Days by joining us for a meaningful evening of S'lichot. This special night will offer opportunities for reflection, connection, and spiritual renewal as we turn toward the Days of Awe. Join us for this powerful evening as we enter the High Holy Days with intention.

Film & Discussion: Begin the evening with a showing of Disney Pixar's *Soul*, followed by a discussion that will deepen your understanding of the themes of repentance and renewal.

Changing the Torah Vestments: Be a part of the beautiful and symbolic changing of the Torah covers, a moment that marks the beginning of our journey into the High Holy Days.

S'lichot Service: Conclude the evening with a moving S'lichot service, where we come together in prayer and reflection, seeking forgiveness and preparing our hearts for the sacred days ahead.



Our High Holy Days Machzor: *Mishkan HaNefesh*

REMINDER: Bring your own copy!

For our High Holy Days services, Temple Anshe Sholom uses the beautiful and inspiring *Mishkan HaNefesh* as our Machzor (High Holy Day prayerbook). *Mishkan HaNefesh* comes in two volumes, gold for Rosh HaShanah and silver for Yom Kippur.

We ask that all attending High Holy Day services in-person bring their own copies of *Mishkan HaNefesh*. No loaner copies will be available in the Sanctuary.

If you do not already own copies of *Mishkan HaNefesh*, please pre-order your copies in time for Rosh HaShanah. If you would like to purchase the Kindle edition (much cheaper!), they can be purchased through Amazon or through CCAR Press at CCARPress.org. Using a digital reading device at services is permitted and encouraged at Temple Anshe Sholom.





Cantor's Note

Coming Home for 5786

As the shofar prepares to sound again, we are invited to pause and ask ourselves: *What do I want this year to be?* The High Holy Days aren't only about reflection and repentance. They're about return. And not just to God — but to ourselves, to our people, and to our community.

This sacred seasons whispers to us: *Come home.*

Come home to community — to the familiar faces you may not have seen in months, to the embrace of people who've known you across the seasons of your life. There is comfort in sitting beside one another, singing the melodies that reach deep into our kishkas, and feeling the strength that comes from being part of something larger than ourselves.

Come home to learning — whether in the sanctuary, the classroom, or the conversations that spill out into the lobby. This year, we'll explore the themes of renewal, resilience, and hope — not only through sermons, but through interactive study, art, and music. Wherever you are on your Jewish journey, there's a place for you to grow here.

Come home to joy — to moments that surprise you, uplift you, and awaken your spirit. Judaism is not just serious; it's soulful. It's not only solemn; it's celebratory. From the sweetness of apples and honey to the soaring highs of the final shofar blast, this season is filled with joy if we let ourselves feel it.

Come home to your Jewish identity — however you define it, whatever it looks like. You don't need to be perfect. You don't need to have all the answers. You only need to show up, open your heart, and be willing to begin.

This year, 5786, is waiting for you.

Let's step into it together — with courage, curiosity, community, and love.

Wishing you and your loved ones a shanah tovah u'metukah — a good and sweet year.

Warmly,
Cantor Paula Baruch





Rabbinic Reflections

שַׁמַּי אָמַר, עֲשֵׂה תוֹרָתְךָ קִבֵּעַ. אָמַר מְעַט וְעֲשֵׂה הַרְבֵּה, וְהָיִי מְקַבֵּל אֶת כָּל הָאָדָם בְּסִפֵּר פָּנִים יְפוּת

Shammai used to say: make your [study of the] Torah a fixed practice; speak little, but do much; and receive all men with a pleasant countenance.

Pirke Avot 1:15

First, let me say how happy and honored I am to once again be given the privilege of serving Temple Anshe Sholom for the upcoming High Holy Days.

As these Days of Awe approach I am reminded of my childhood synagogue at this time of year. My family members were not regular synagogue attenders but for Rosh Hashanah and Yom Kippur my father would arrive early and stay until the end, even remaining after the final Tekiyah Gedola, which concluded the holiday prayers, in order to be part of the Ma'ariv minyan.

He loved to sit in the first row of the rear section, on the wide open aisle from the door, so that he could see all who entered. He would greet the people that he would only encounter on these holy days. I was surprised that even after years there were many people who passed by whose names were not known to us.

A number of years ago the URJ, the parent organization of Reform synagogues in Canada and the U.S. came up with a concept and hopefully a program called "Audacious Hospitality." It was supposed to be a catchy phrase for congregations to act with warmth and welcoming to all who entered their domain. It was to apply to both visitors and members. Like many congregations, Temple Anshe Sholom has worked on this engaging and welcoming atmosphere as fundamental to its core values.

Especially on these Days of Awe, but not solely at this time, all who cross the threshold into our domain should be greeted with warmth. This should not be the task of only official greeters or ushers, the board and officers. It is the responsibility of all who are part of the community. We should try to learn each others' names and perhaps a bit more.

The great sage Shammai is often misunderstood as a harsh individual and is contrasted with Hillel. However, in Pirke Avot 1:15, The Sayings of our Ancestors we read, "Shammai used to say: make your [study of the] Torah a fixed practice; speak little, but do much; and receive all people with a pleasant countenance." He is reminding us how to act and greet all who come our way. This is how we build an open and loving community.

Let us remember that our holiday wishes should be extended beyond our friends and those known to us. Visitors and those who sit alone should be actively welcomed in to our loving community. All will gain from these encounters.

From my home to yours, may this be a year of peace, health, and welcome to all.

L'shanah Tovah,
Rabbi Alan J Katz



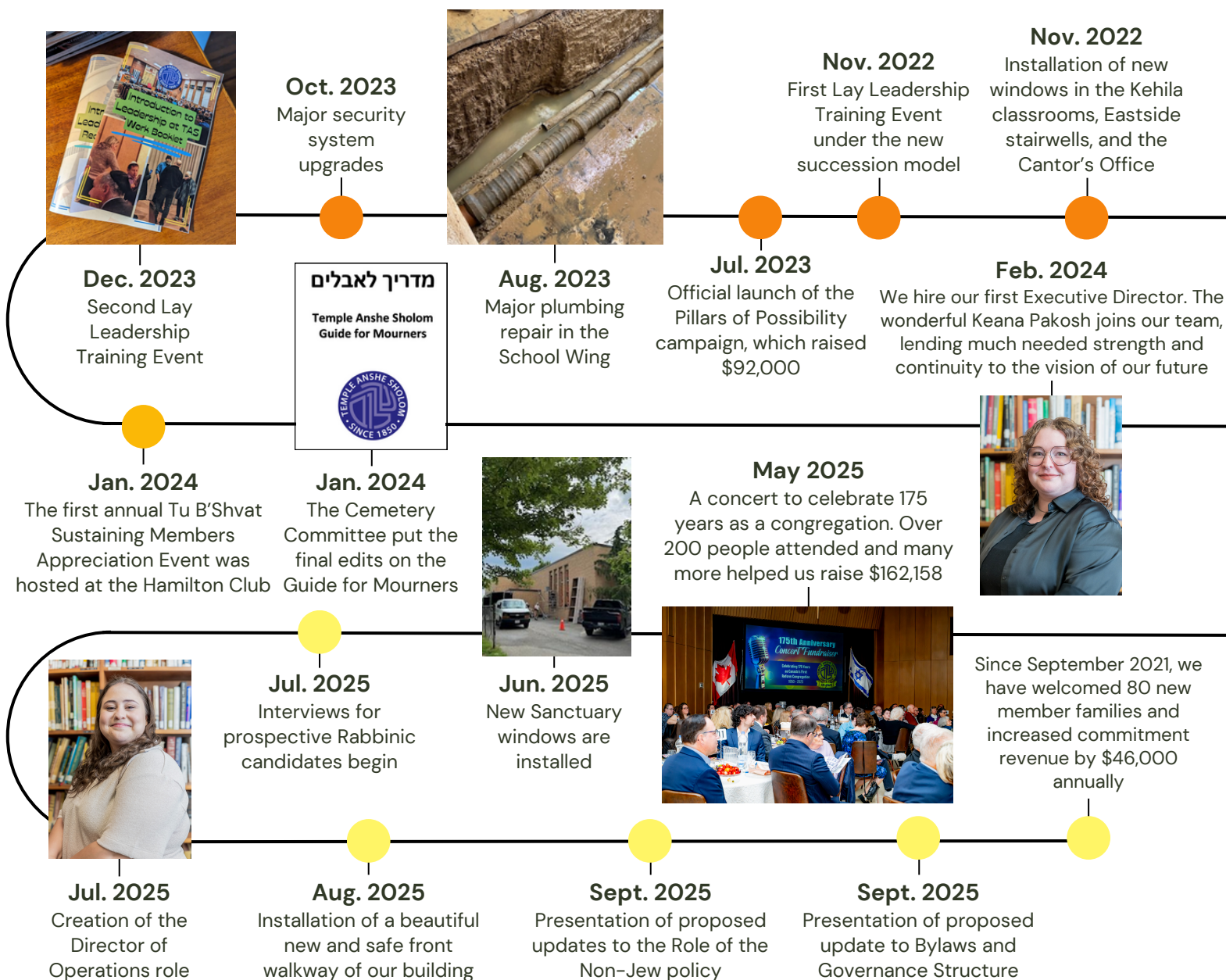


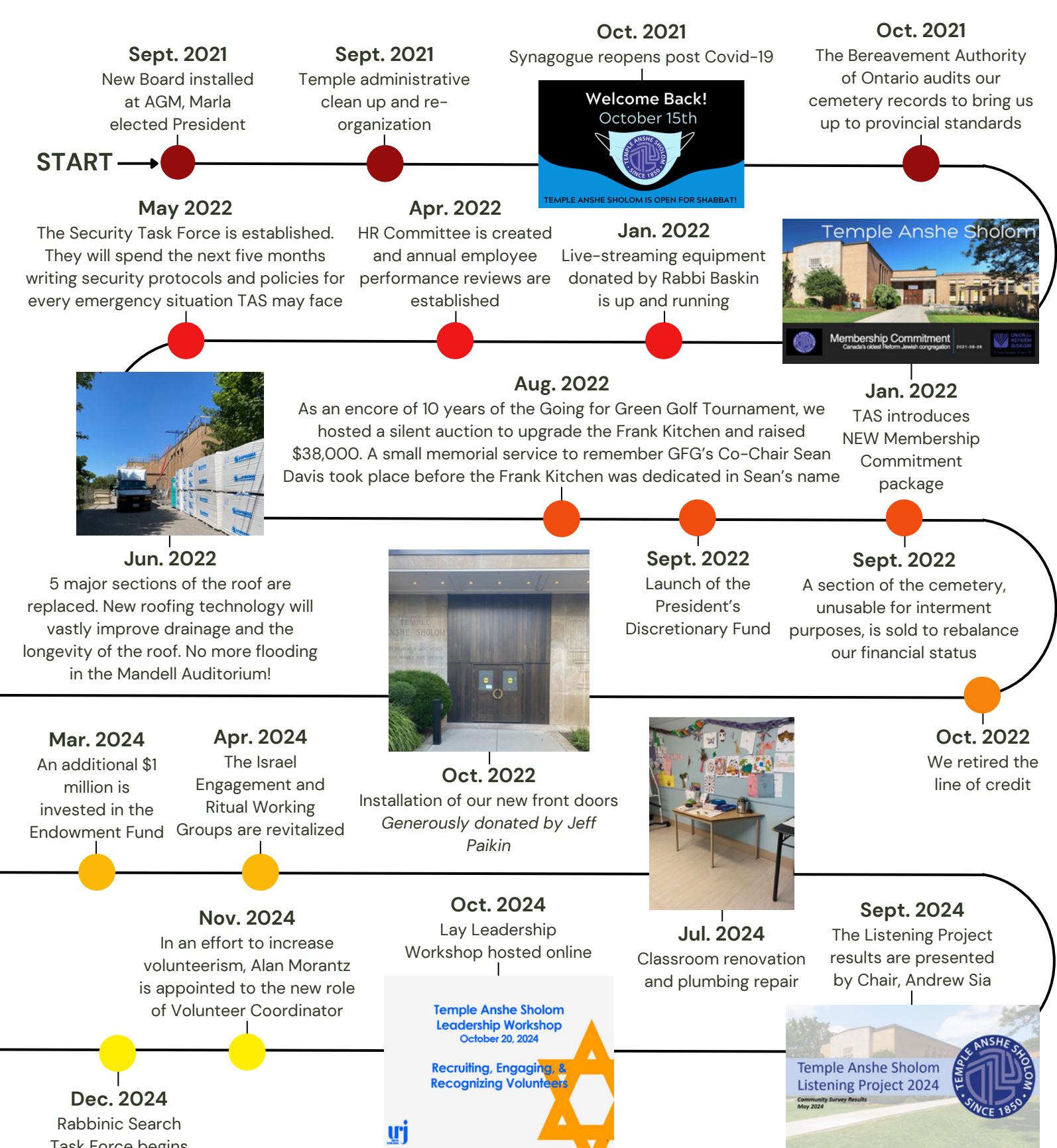
Presidential Ponderings

Four Years of Service, Countless Moments of Connection

It has been such an honour to serve as President of our congregation over these past four years. This role has been a privilege, a challenge, and a joy, and I am deeply grateful for the trust and support you have shown me throughout my term. Together, we have navigated both celebrations and challenges, adapted to change, and built on the incredible foundation laid by those who came before us.

This timeline reflects not just “my” achievements, but our shared accomplishments as a community. Projects, programs, and moments made possible by the dedication of our Board, our staff, our volunteers, and every member who has given their time, energy, and heart. I step down with a full heart, knowing that the future of our congregation is bright and filled with possibility.





With gratitude for the past and hope for the future, I pass the baton knowing our story will only grow richer from here.

Shanah tovah,

Marla Frank-Davis

Marla Frank-Davis

President, Temple Anshe Sholom



Executive Expressions



Our Shared Commitment

As we prepare for this year's High Holy Days, I find myself reflecting on one of the most important lessons I have come to understand in my time as Executive Director: that everyone in our community *cares so deeply*.

This caring shows up in so many different ways. It is present when members volunteer their time, when they show up for programs and services, and even when we disagree with one another. These moments of passion come from the same source: love for our spiritual home and a desire to see our congregation thrive. What a blessing it is to be part of a community where people care enough to be involved, to speak up, and to take ownership of our shared future.

Over the past year, I have witnessed this caring spirit in action again and again. I saw it in the dedication of volunteers honoured at Volunteer Appreciation Shabbat, and in the thoughtful participation at my first Annual General Meeting. I saw it as our lay leaders stepped forward during times of challenge, ensuring that our congregation remained strong and our traditions carried forward. I saw it in the warmth with which new members were welcomed into our community, a reminder that the strength of Temple Anshe Sholom lies in the relationships we build with one another.

I have also seen this care expressed in countless everyday moments: in the way members step up to prepare an Oneg or help set up for an event, in the compassion shared when someone is going through a difficult time, and in the joy we bring to one another during moments of celebration. Even when we disagree or see things differently, that too is a form of caring. It demonstrates that people are invested, that Temple Anshe Sholom matters, and that our shared home is worth the energy, the passion, and the conversation.

The most inspiring part of this role has been witnessing the care and dedication of so many in our community. Members step forward with generosity of spirit, time, and resources. Volunteers fill roles, lead services, and organize programs. Even in moments of uncertainty, you do not step back, you lean in, showing how deeply you care for one another. It is this unwavering commitment that sustains our community and makes our synagogue a true home for all of us.

It is truly a privilege to serve alongside such a devoted community. Your passion and commitment remind me daily why this work matters, pushing me to take on new challenges and ensure that every initiative is executed with care and attention. Every volunteer who lends their time, every member who shares their ideas, and every person who shows up for one another strengthens the fabric of our congregation. Witnessing this dedication not only inspires me but also drives me to ensure that Temple Anshe Sholom continues to be a place where everyone feels valued, supported, and empowered to contribute.

Since writing for last year's High Holy Day bulletin, I have experienced my first High Holy Days as Executive Director, my first Annual General Meeting, and my first major fundraiser: our 175th Celebration Concert. That evening was more than just a beautiful and joyful celebration of our congregation's rich history; it was also a landmark moment of professional growth for me, and a reminder of how powerful our community can be when we come together.

Behind the scenes, I have taken on greater financial responsibilities, helping coordinate our annual statements, assisting with budget planning, and working with leadership to ensure that our resources are managed with care and transparency. This year also brought the opportunity to think about the future of our staffing structure. With Board support, we created the new Director of Operations role and welcomed a new member of our office staff, strengthening the team that supports all of you.

As we gather for these Days of Awe, I am filled with gratitude for the blessing of being part of a community that cares so deeply. Our caring may take different forms, through volunteering, financial support, leadership, or simply showing up, but together, it weaves the fabric of our congregation. This caring is what sustains us, what carries us through challenges, and what ensures that Temple Anshe Sholom will remain a welcoming centre of Jewish life in Hamilton for generations to come.

With gratitude for all that we do together as a community, I wish you and your loved ones *Shanah Tovah u'Metukah*,

Keana Pakosh, Executive Director



Honouring our Sustaining Members

To each and every one of you who calls Temple Anshe Sholom your spiritual home, **thank you**. Your membership, involvement, and contributions are the lifeblood of our community. It is through your support that we can continue to provide meaningful worship experiences, vibrant educational programs, and opportunities for connection and growth.

To recognize those who go above and beyond in their combined Membership Commitment and donations, we established categories of giving. These titles reflect the profound impact of your support and the deep love you hold for our synagogue.

This year, every sustaining member has gone above the sustaining amount of \$3,300 in their combined Membership Commitment and donations, an extraordinary show of generosity. We are honoured to recognize you all in the following categories:

מלאכים

Malachim

Angels

Members who contribute over \$9,000, whose unparalleled generosity uplifts our community to new heights.

Sasha Weisz

Danna Weisz & David Horwood

Marvin & Lorraine Cohen

The Schreiber Family

Robert & Arlene Singer

Bill & Dana Thorogood

David Rams

Martin Sniderman & Carrie Posner

Sniderman

Ron & Faith Kaplan

Gerald Asa & Janet Weisz

Michael Taylor

Raquel Epand

שומרים

Shomrim

Guardians

Members who contribute between \$5,000 and \$9,000, who safeguard our future through steadfast commitment.

Yves & Luba Apel

Cheri Elson & Adam Sperber

Mitchell & Ginny Levine

Richard & Sandra Levy

Tom Gorsky & Rose Bloomberg

Gillian Burman & Kim Bildfell

Trudy & David Shore

Marvin & Gloria Wasserman

Nicholas Kates & Jan Hastie

Janice Wright & Mark Minden

David & Bonnie Loewith

גיבורים

Giborim

Heroes

Members who contribute between \$3,300 and \$5,000, whose dedication ensures our community remains a beacon of hope and faith.

Kevin & Tami Martino

Ettan & Natasha Romm

Abe Szereszewski

Diane Sandler & Bill Nisker

Jeffrey Paikin

Keana Pakosh & Adrian Zamidar

Alan Morantz & Suzanna Keller

David & Pearl Yolles

Oren Levine & Jessica Bogach

Lawrence & Marla Kobetz

Karen Rosenberg & Paul Jaye

Kevin & Donna Sampson

Carl & Sandra Loewith

Nissen Butts

Deena Sacks & Terrence

Creatchman

Norm & Glenna Eby

Linda & Brian Miller

Stanley & Elizabeth Tick

Angelique Hamilton

We would like to extend our deepest gratitude to those who have met or exceeded the sustaining membership amount in 5785. Your commitment to the future of our community is truly inspiring. We are humbled by your generosity and proud to recognize you as key pillars of our community. Together, we are building a future filled with light, strength, and grace. May our collective efforts continue to nurture and sustain the sacred bonds that unite us as one community, one family, one synagogue.

FAMILY SERVICES & EVENTS

EVERYONE MUST REGISTER their plan of attendance at services and events. You can register for all services by clicking [HERE](#), or you can register for individual services by clicking the pictures below.

ROSH HASHANAH



Family Erev Rosh HaShanah

September 22, 2025
7:00 PM – 7:45 PM

FAMILY EREV ROSH HASHANAH

Begin the New Year together with a joyful evening service just for families with children ages 6 to 13 years old. Through prayer and stories, join our welcoming space to connect with other families and welcome Rosh HaShanah together.



Tashlich at the Beach

September 23, 2025 4:00 PM

ROSH HASHANAH MORNING FAMILY SERVICE

Celebrate the first morning of the New Year with a lively and engaging family service for families with children up to age 10. Through prayer, song, and activities, we'll explore the spirit of Rosh HaShanah, build connections with other families, and start the year with joy and meaning.

TASHLICH & BEACH SHABBAT

A wonderful outing for your family! Together, enjoy the ritual of Tashlich, the symbolic act of ridding yourself of your worst behaviours and habits and tossing them into a body of water before Yom Kippur.



Rosh HaShanah Family Service

September 23, 2025 9:30 AM



Location:

Van Wagners Beach
280 Van Wagners
Beach Road, Hamilton
Park at Hutch's Restaurant

YOM KIPPUR



Family Kol Nidre

October 1st, 2025
7:00 PM – 7:45 PM

FAMILY KOL NIDRE

A shortened service opportunity for families with children ages 6 to 13 years old. Together, explore a selection of Kol Nidre prayers including Vidui, story, and discussion on this sacred night!

YOM KIPPUR FAMILY SERVICE

A meaningful service for families with children up to age 10 with thoughtfully selected prayers and songs to help build your Jewish Identity!



Yom Kippur Family Service

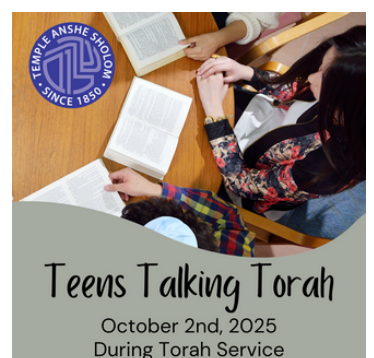
October 2nd, 2025 9:30 AM



TEENS TALKING TORAH

with Educator Dora-Ann
Cohen Ellison

An opportunity for youth ages 12 to 17 to reflect on rituals and experiences of Yom Kippur through active group activities and discussion.



Teens Talking Torah

October 2nd, 2025
During Torah Service

High Holy Day Services

ROSH HASHANAH

EVERYONE MUST REGISTER their plan of attendance at services and events. You can register for all services by clicking [HERE](#), or you can register for individual services by clicking the pictures below.



Erev Rosh HaShanah

September 22nd, 2025
7:00 PM

EREV ROSH HASHANAH

Beautiful music, prayers, and readings with your community. Returning to our services is our keyboardist, Jordan Abraham and our guitarist, Geoff Hlibka.



Rosh HaShanah Morning 1

September 23rd, 2025
10:00 AM

ROSH HASHANAH FIRST MORNING

Restarts your year with songs, prayers, and meditations. Torah, Haftarah, and Shofar Blowing bring meaning and awe to this service.



Rosh HaShanah Morning 2

September 24th, 2025
10:00 AM

ROSH HASHANAH SECOND MORNING

On the second day of Rosh HaShanah is a more interactive service with offerings from many of our members.

SPECIAL EVENTS & OFFERINGS



S'lichot Service

September 13th, 2025
8:00 PM

S'LICHOT FILM & SERVICE

Prepare your heart for the High Holy Days by joining us for a meaningful evening of S'lichot. This special night will offer opportunities for reflection, connection, and spiritual renewal as we join together for a film and discussion before our S'lichot Service in the Sanctuary.



Beachside Tashlich

September 23rd, 2025
4:00 PM

BEACHSIDE TASHLICH

Together, enjoy the ritual of Tashlich, the symbolic act of ridding yourself of your worst behaviours and habits and tossing them into a body of water before Yom Kippur.

Location: Van Wagners Beach
280 Van Wagners Beach Road,
Hamilton

Park at Hutch's Restaurant Parking Lot



Kever Avot

September 28th, 2025
2:00 PM

CEMETERY MEMORIAL SERVICE

Each year during the Days of Awe we visit the graves of our ancestors to connect and remember. Kever Avot is a special time for our community to honour those who's shoulders we stand upon.

**Location: Temple Anshe
Sholom Cemetery, 427
Limeridge Road East, Hamilton**

High Holy Day Services

YOM KIPPUR

EVERYONE MUST REGISTER their plan of attendance at services and events. You can register for all services by clicking [HERE](#), or you can register for individual services by clicking the pictures below.



KOL NIDRE EVENING SERVICE

Brings us together for a solemn and introspective night of soul-searching and connection



YOM KIPPUR MORNING SERVICE

Reconnect with your community and with yourself. Join us for inspiring prayers that renew our souls.

Stay With Us for the Yom Kippur Afternoon Interlude!

Between our Morning and Afternoon services, we invite you to enjoy a meaningful mid-day pause.

Enjoy a variety of programs designed to keep heart, mind, and spirit engaged as we journey together through this sacred day.

Whether you choose learning, reflection, or quiet connection, this is a time to be nourished by our traditions and by one another.

YOM KIPPUR AFTERNOON OFFERINGS

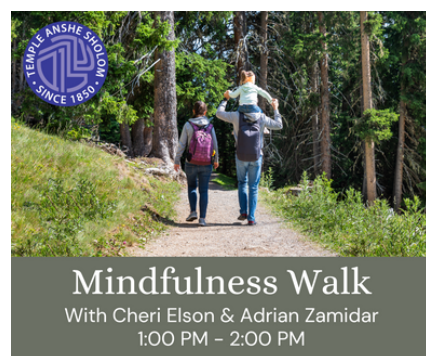
1:00 PM



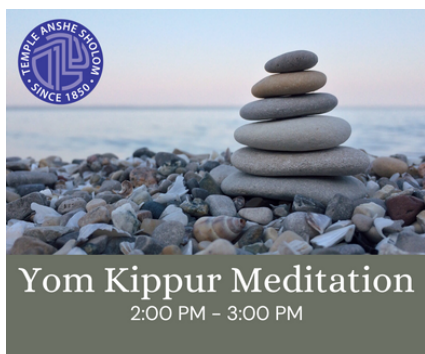
MUSICAL INTERLUDE with Jordan Abraham & Geoff Hlibka is a beautiful way to lighten your load during Yom Kippur. Be transported through music.

OR

MINDFULNESS WALK Join the TAS Hikers Small Circle to experience the peacefulness of Yom Kippur with a mindfulness walk on the trails, allowing nature to guide your reflections and renew your spirit on this sacred day.



2:00 PM



YOM KIPPUR MEDITATION offers a chance to step away from the bustle and enter a space of stillness. We will pause together to breathe and open our hearts to the themes of the day.

OR

EXPRESSIVE ART with Cantor Paula Baruch is a time to unleash your creative self as we explore your desires for change in the coming year.



High Holy Day Services

3:00 PM



Chair Yoga Gathering

With Wendy Guest
3:00 PM – 4:00 PM

CHAIR YOGA with Wendy Guest allows you to gently awaken body and mind with a calming session of chair yoga, suitable for all levels.

OR



Yom Kippur Shiur

With Cantor Paula Baruch
3:00 PM – 4:00 PM

YOM KIPPUR SHIUR is an engaging session of learning and discussion with Cantor Baruch, delving into the themes and texts of Yom Kippur.

OR



Supporting Your Anxious Child

With Cathy Dubrofsky, RP
3:00 PM – 4:00 PM
In Person & Online

In this special **hybrid** offering, RP Cathy Dubrofsky will offer strategies, insights, and a supportive framework for helping children navigate anxiety.



Yom Kippur Afternoon Service

October 2nd, 2025
4:00 PM

YOM KIPPUR AFTERNOON SERVICE

Features the chanting of the story of creation from Torah



Yom Kippur Memorial Service

October 2nd, 2025
5:00 PM

YOM KIPPUR YIZKOR SERVICE

An opportunity to remember your dear ones who are no longer with us, but always in our hearts.



Yom Kippur Neilah Service

October 2nd, 2025
6:00 PM

YOM KIPPUR NEILAH SERVICE

An uplifting service as the gates are closing and we yearn for another year of closeness and joy.

See **page 3** for instructions on how to submit names for the **YIZKOR** service.

NEILAH only happens once per year and the name נְעִילָה means 'locking' and refers to the gates of heaven which have been open during the High Holy Days for those who wish to return. The gates are closing with the sunset, and melodies heard only on this evening will raise your spirits and inspire you to begin the new year with an open heart.

BREAKING THE FAST

BREAK THE FAST of Yom Kippur with community! Enjoying food and beverages after a day of fasting is a comfort to be enjoyed with friends. Blintzes, bagels, herring, juice, tea, and coffee with fruit and cake, and more! Come and enjoy together.

If you would like to contribute to the Break Fast spread, we would be most grateful. You can sign up to bring a dish by calling the Temple Office.

By the end of Yom Kippur we are drained but exhilarated and being together to share a meal is a treasured bond. If you've been fasting, you'll want to return to eating slowly – this casual and light hearted communal meal is the answer!



Breaking the Fast

October 2, 2025
7:30 PM

High Holy Day Services

FALL FESTIVALS

EVERYONE MUST REGISTER their plan of attendance at services and events. You'll find the link to register on our website: anshesholom.ca

SUKKOT

Sunday, October 5th

2:00 PM Sukkah Build – Join our Junior Youth Group in the mitzvah of building and decorating our Sukkah, creating a joyous space for celebrating this special festival together.

Monday, October 6th

7:00 PM Erev Sukkot Service – Welcome the festival of Sukkot with a short evening service and the very first Lulav and Etrog shake of 5786!

Tuesday, October 7th

10:00 AM Sukkot Festival Morning Service – Celebrate the first day of Sukkot with a festive morning service, rejoicing in the beauty of nature, community, and the season of our rejoicing. Followed by a festive Kiddush luncheon.

Thursday, October 9th

5:00 PM Salsa & Sangria in the Sukkah – Enjoy an evening of salsa dancing, sangria, and camaraderie in the TAS Sukkah, blending tradition with a fun and modern twist on Sukkot celebration. Featuring live music and a trained salsa dance instructor! Tickets for members are \$36, non-members are \$45.

Saturday, October 11th

7:00 PM Sukkot Havdalah in the TAS Sukkah – Bid farewell to Shabbat and usher in a new week by joining friends in the TAS Sukkah for a meaningful Havdalah service under the stars. Food is being generously provided by the Apel family, so there's no need to bring snacks, treats, or drinks! Instead of purchasing a ticket or bringing food, Yves & Luba kindly ask that you consider making a donation to the TAS fund of your choice.

SIMCHAT TORAH

Monday, October 13th

7:00 PM Erev Simchat Torah Service – This year we will be once again partnering with Shaarei-Beth El Synagogue to celebrate Erev Simchat Torah together. Join us in **Oakville** as we read the end and the beginning of the Torah and start our annual cycle again!



Tuesday, October 14th

10:00 AM Simchat Torah Festival Morning Service – Join us back in Hamilton for Simchat Torah Festival Morning Service, followed by a festive Kiddush luncheon!



175TH ANNUAL GENERAL MEETING

Attention all TAS Members

Your Temple Anshe Sholom Board of Trustees invites you to join us for this year's TAS Annual General Meeting, which will take place on Sunday, October 5th at 7:00 PM. This year we will be in person and online. As we get closer to the date, information about the Zoom link will be available.

2025 TEMPLE ANSHE SHOLOM ANNUAL GENERAL MEETING AGENDA

Please note: The agenda below is a draft. A finalized agenda will be distributed to all members 30 days prior to the Annual General Meeting.

**175TH
ANNUAL GENERAL
MEETING**

DATE
OCTOBER 5, 2025

TIME
7:00 PM

In Person & Online

anshesholom.ca | 215 Cline Ave N, Hamilton

- Welcome – President, Marla Frank-Davis
- Invocation – Cantor Paula Baruch
- Approval of minutes of the AGM held September 15th, 2024 – Secretary, Aaron Walsh
- President's Report – Marla Frank-Davis
- Executive Director's Report – Keana Pakosh
- Cantor & Program Director's Report – Cantor Paula Baruch
- Update on the Rabbinic Search – Task Force Chair, Paul Jaye
- School Report – Director of Religious Education, Dora-Ann Cohen Ellison
- Financial Report – Treasurer, Ettan Romm
- Approval of the Actions of the Board – President, Marla Frank-Davis
- Presentation of the Budget – Treasurer, Ettan Romm
- Appointment of Auditors – Treasurer, Ettan Romm
- Slate of Trustees for the next term of the Board of Trustees – Nominations Task Force Chair, Ginny Levine
- New Business
 - Welcoming Interfaith Families; an update to the Role of the Non-Jew at Temple Anshe Sholom policy document – Task Force Chair, Paul Jaye
 - Amendments to the By-Laws of Temple Anshe Sholom – President, Marla Frank-Davis
- Good and Welfare
- Closing Benediction – Cantor Paula Baruch
- Adjournment



Zoom link to come



Educator's Learnings

Shanah Tovah! I am so excited to welcome students back to a new school year on September 17th at Carluke Orchard. Our opening day will bring families from Temple Anshe Sholom and Kehila Heschel JDS together to learn, explore and prepare for Rosh Hashanah, and is sponsored by a Hamilton Jewish Federation grant. Throughout the year, we will be bringing Kehila Heschel and Temple families together for four programs, as we build

connections and a sense of belonging between the families who learn and worship in our Temple building. Registration and exciting Jewish Learning Program news can be found at <http://anshesholom.ca/tas-religious-school>. I invite your family to learn, celebrate and explore all things Jewish with us on Shabbat mornings and Wednesday evenings. This is a year of connection and belonging, where we are offering student choice options for learning, providing opportunities for community engagement, and developing our learning and social opportunities for our parent community.

Community connection starts off with a Family & Rosh HaShanah program on Sunday September 14th from 3–5pm at Earl Bales Community Centre & Park in Toronto. This event, sponsored by URJ Camp George and run by the Reform Educators of the GTHA, will include activities, games, snacks & more! Join us, as we prepare for Rosh Hashanah and connect with many Jewish families in the GTHA! This family program is free, though we do need you to register to plan accordingly. Look for a registration link in a future school email and TWIT.

As we strive to build Jewish identity and a sense of belonging in our students, Wednesday students will continue to develop their own path of Jewish learning! Three times in the school year, students choose from a selection of electives and explore Jewish values and traditions through art, cooking, gardening, STEM, physical education, music & more! Parents can also connect in our parent lounge, enjoying coffee or tea, while playing a selection of board and card games or just chatting together. Saturday mornings we come together as a school community for shira (songs) and announcements at 9:15am. As our students head off for classes in Hebrew reading and Judaica, parents and caregivers connect through our active parent group for coffee, a run or hike, special study opportunities and more at 9:30am. This year, all parents are asked to return to the synagogue at 11:40 to join their children in one of our TWO concurrent family Shabbat services. Families with children ages baby-grade 2 with Morah Dora-Ann & Morah Rebecca, and Grade 3–7 with Moret Yael & Cantor Paula. Our Shabbat services are open to all and we welcome your family to join us!

Youth in grade 8 through 10 are invited to join our Thursday evening classes. This year, we have two classes for our senior students. Our grade 8/9 students will learn with Yael & Dora-Ann in B'Yachad: Making a Difference in Your Community. Grade 10+ students will prepare for our Confirmation service, preparing to face adult choices with Jewish values, as they learn with Cantor Paula Baruch. Our high school programs are open to all in our greater Jewish community. Students enrolled in the grade 8–9 class will also have the opportunity to sign up for travel to Montreal in November. In addition, grade 10–12 students may register for a March Break Israel trip, lead by Holy Blossom & Temple Emanuel. All our trips offer learning and social opportunities together with other Toronto, Mississauga and Oakville teens!

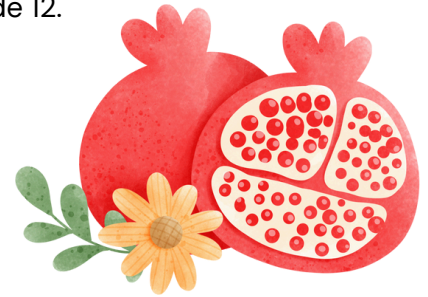
For Rosh Hashanah and Yom Kippur, we have planned several meaningful opportunities to connect families together at Temple Anshe Sholom, as well as at our beautiful parks and beaches! For families with children babies through age 10, our morning service and program offers an age-appropriate and engaging prayer service, followed by hands-on activities and a time for parents to re-connect. Families with children 11+ are encouraged to join the main service in our sanctuary. Our Evening (Erev) services are designed for families with children age 6–12, including extended family, offering a shortened yet meaningful prayer experience. Rosh Hashanah programs include; Family Erev Rosh Hashanah Sept. 22nd at 7:00pm and Family morning Rosh HaShanah at 9:30am on Sept. 23rd. Traditions continue at 4:00 at Van Wagner's Beach, as we join together for tashlich on the beach! On Yom Kippur, we invite your family to join the Kol Nidre for Families at 7:00pm in our chapel. On Oct. 2nd, our Family morning service and program begins at 9:30am, followed by a selection of afternoon programs for all ages. Please check the Holiday calendar at a glance for complete service and program information.

Our drop-in Tot-Shabbat resumes on Saturday October 18th at 11am; where toddlers and a caregiver meet weekly during the school year for songs, storytime & Shabbat activities. Our Junior and Senior Youth groups, led by Yael Morais, are active with regular social and social-action programming. In addition to our pot-luck Family Shabbat nights, we have plans over the year for family hikes, family trivia, family night in, and an all-day Temple retreat! We hope your family will join in our learning, social & ritual programs, renewing the love for learning and deepening our connections with Temple families. I invite you to look for our Family Programs on the Rosh Hashanah & Yom Kippur calendars and register for the many engaging holiday opportunities. Try something new this year! Visit <http://anshesholom.ca> to register for The Jewish Learning Program for kindergarten through grade 12.

L'SHANAH TOVAH from my family to yours!



Dora-Ann Cohen-Ellison
Religious School Director



School Registration Now Open!

A Jewish Learning Program open to all Jewish children in the Greater Hamilton Jewish Community

Junior Kindergarten through Grade 10+
Wednesdays 4:30 PM to 6:15 PM Saturday Mornings 9:15 AM to 12:10 PM
 New school year begins September

How do **YOU** want to learn Jewishly?

anshesholom.ca
 @taslearning
 @templeanshesholom

Wednesday Electives in Judaism:
 Jewish Cooking, Music, Art, Israel, STEM, Nature & Environment, Gym & More!

215 Cline Ave. North
dacellison@anshesholom.ca
 905-528-0121 ext. 30

Click HERE to Register Today!



2024-25 THE RELIGIOUS SCHOOL CHILDREN LOVE




TAS Religious School is generously supported by the Hamilton Jewish Federation.

FAMILY SHABBAT

6:15 PM
SHABBAT
DINNER
POTLUCK

7 PM
FAMILY
SHABBAT
SERVICE

7:45 PM
DESSERT
ONEG
SHABBAT

Friday, November 7, 2025

FAMILY SHABBAT & CONSECRATION

Friday, December 5, 2025

With a special Consecration Service to welcome our new students with blessings!

Don't Miss Out on Upcoming Youth Group Events!

Did you know? We have 2 active youth groups, both led by our advisor *Yael Morais*!

Junior Youth

For kids in grades 3-7, we offer social activities several times during the school year. Come and hang out with your Jewish friends! Save the dates:

October 5 2:00 PM – 4:00 PM	Sukkah Build & Decorate
October 25 Evening	Dot-Painting Candle Sticks
November 7 6:00 PM – 8:00 PM	Family Shabbat Potluck Dinner & Service
November 15 6:45 PM – 8:00 PM	Trivia Night

Senior Youth (TASTY)

We are a dynamic and enthusiastic Jewish youth group for 8th-12th grade teens. We are a chapter of NFTY NEL. Our chapter is called TASTY and it is a closely knit group of dynamic youth that participate in monthly planning and social events. Save the dates:

October 5 7:00 PM – 9:00 PM	Youth Lounge Hangout & Reconnect
October 17 – 19	Fall Kallah in Toronto with NFTY-NEL
October 25 Evening	Dot-Painting Candle Sticks
November 7 – 9	Montreal Trip

"I Am A Jew"

Student Spotlight

Today, I am so proud of my people and their history.

They were victims of one of the greatest tragedies ever inflicted on humanity. And yet—they pushed forward. Again and again. Never once losing their courage or compassion.

In ten years, when I am twenty-five, I'm scared I'll forget what I have. Scared that in my early twenties, I'll drift too far, that I'll feel less connected to my people. What if I disappoint my ancestors by leaving my religion in the past?

In twenty years, when I am thirty-five, I hope I'll have children. I hope that by then, I will have brought my faith back into my life. I want it to be something I can share with my children—something warm and sacred. Every Friday night, I want us to say our Shabbat prayers, light our candles, and eat Bubbe's matzah ball soup.

I want my children to grow up in a world where they are not afraid to go to school. I want them to be proud of their heritage, just like I am today. I want them to have a community, a place to find lifelong friends, just like I have. I hope they will love their heritage as much as I do. And if they don't—I will be sad, but I will understand.

In forty years, when I am fifty-five, maybe I'll be a Bubbe myself. Maybe I'll have grandchildren

And every Friday night, we'll have Shabbat sleepovers. We'll bake challah, and eat those jelly fruit slices, even though it's not Pesach.

I hope that when I'm older, I'll remember this. This feeling of love and belonging. Of being part of something bigger. And I hope that by then, the world will have found shalom. That we can all live with love—no matter one's color, race, religion, or ethnicity.

- Zahra Pugh, Grade 10



“

Growing up, we had limited, if any, exposure to a Jewish community, but we always knew that as Jews, we wanted to belong and to observe our traditions, and it especially became important after our children were born.

The values of Judaism and the importance of *Tikkum Olam* guide us as a family, as neighbours, as colleagues, and as individuals.

”

The Apel Family

Members since 1995



What brought your family to Temple Anshe Sholom, and how has your connection evolved over the generations?

After Yves and Luba immigrated from Moldova to Canada, we didn't settle in Hamilton right away. Luba lived in Israel for several years, and Yves was studying in Toronto. After we got married, we decided that it was important to join a synagogue. In Kishinev, our families, like virtually everyone in the Soviet Union, were secular, and joining TAS thirty years ago was uplifting and exciting for us.

After skipping a couple of generations, reconnecting with Judaism became important to us. Our three generations did not join in chronological order as one would expect, but all of us are now involved in some way. Once we settled in Hamilton, we visited the Adas, Beth Jacob and the Temple for "a fit." In our early visits, we were warmly greeted by the congregants, and Rabbi Z introduced us to other young families. We enjoyed the services, the sermons, and meeting new people. When our children arrived, our connection grew, and included Temple Playhouse, Kehila, and religious school. There were years when at least one of us was in shul every day, either with our children or volunteering.

What role do you see Temple Anshe Sholom playing in ensuring Jewish continuity for future generations?

For the last three decades, it's been a privilege to contribute to and enjoy our community, and we will continue to do so.

The Temple is constantly reinventing itself thanks to our reliance on lay leadership. This is how we remain relevant and engaging. The congregation has been thoughtful and fortunate in choosing our clergy, and I remain hopeful for the future. Whether you like where we are going, or if you don't like something, get involved and make a difference.

What advice would you give to younger families about building a lasting connection to Jewish life and community?

Our friendships with Jewish families are more enriching and more intimate. We didn't meet them on Zoom. Our advice is to attend TAS services and to take advantage of the many opportunities to get involved and meet other young Jewish families socially. Go beyond your neighbourhood, sports and kids' activities. There is no substitute for simply showing up.

What advice would you give to people who are interested in volunteering but are unsure about stepping up?

No matter your interest or special skill, the Temple can benefit from it. Please offer it. It's nice to be asked, but don't wait too long: let the board members or office know.

If you could describe your family's relationship with the synagogue in one word or phrase, what would it be and why?

We're sure it's been said before, but "*Temple is our Second home*" is a truism for us. Many of our friends are from the Temple; we have fond memories of B'nei Mitzvah, Kehila school, Temple Playhouse, Camps, retreats, Trips, Services, holidays, and Yves' Purim performances, and we look forward to many more great years.

UPCOMING PROGRAMS

**OCT
25**

NOAH'S BARK – Bless Your Pets Shabbat

Bring your beloved pets for a special Shabbat filled with joy, blessings, and wagging tails. Together we'll celebrate the animals who bring us companionship and love.

MANDALA PAINT NIGHT

Relax, create, and connect at our Mandala Paint Night guided by an expert instructor. No experience necessary, all materials will be provided. Open to members (\$40) and non-members (\$55).

**OCT
25**

**OCT
26**

FALL BREAKFAST CLUB SERIES

Five Sundays of educational guest presentations from 11:00 AM–12:00 PM. Enjoy breakfast beforehand at 10:15 AM for \$15, or save over 25% with the full series for \$55 using the form on the next page.

Oct 26

Rabbi Miriam
Wajnberg

Nov 2

David
Eisenstadt

Nov 9

Marc
Eliany

Nov 16

TBD

Nov 23

Mark
Levine

SHA-BARK SHALOM

Calling all dog parents! Join us on two special Shabbat mornings for a gathering with fellow pet lovers. A chance to connect, relax, and celebrate Shabbat in community.

**NOV
1 & 22**

**NOV
5 & 19**

JEWISH FILM NIGHT

Join us for two evenings of thought-provoking films and lively discussion. An opportunity to explore Jewish stories, history, and culture on the big screen.

TRIVIA NIGHT FOR ALL

A night of friendly competition for adults and families. Adults form trivia teams while kids and teens enjoy their own simultaneous youth programming. Fun, laughter, and some friendly competition for the whole community!

**NOV
15**

Visit Our Judaica Shop This Holiday Season

Deborah Pisterhood

Judaica Shop

Rosh Hashanah 2025



ROSH HASHANAH HOURS

WEDNESDAYS AND FRIDAYS, AUGUST 27, 29, SEPTEMBER 3, 5, 10, 12, 17, and 19 3:30 – 6:00 p.m.
TUESDAY, AUGUST 26 AND SEPTEMBER 16 AND THURSDAY SEPTEMBER 4 AND 11 11:00 a.m. – 2:00 p.m.
OR BY APPOINTMENT – CALL MICHELE AT (289) 238-8125 OR TEXT (403) 870-9182

Fall Breakfast Club

✂ Clip & Return to the Temple Office

Breakfast Club Season Passes

If you're a regular at Breakfast Club or a curious newcomer, we have exciting news! You can now purchase a pass to attend all five of our upcoming lectures for only \$55. That's 25% off! Secure your breakfast each Sunday with one simple purchase and look forward to a season of thought-provoking discussions and connections. Don't miss out on this special offer!

Fill out this form and send it along with a cheque to our office OR call the Temple office at 905-528-0121 to purchase your pass directly.

Name: _____

Phone: _____

Email: _____

Payment by:

☐

Cheque

Payable to "Temple Anshe Sholom"

☐

VISA

Please contact the Temple Office to pay by credit card

☐

Mastercard

25% off

Thank You!


Since 1850 we have been building Jewish Community with kindness, compassion, and resolve. In the last year, that has proven to be more important than ever. Thank you for helping keep our community connected, safe, and strong.



We wish you and your family a Shanah Tovah u'Metukah
and G'mar Chatimah Tovah.


See you in 5786!



Temple Anshe Sholom

 215 Cline Ave N | Hamilton, ON | L8S 4A1

anshesholom.ca |  @templeanshesholom |  @anshesholomhamilton

 office@anshesholom.ca |  (905) 528-0121

