

DAYS of AWE

September & October 2019 ~ Elul 5779 - Tishrei 5780

Inside this Issue

- Message from Rabbi Cohen
- Updated Service Times
- Family Programming
- High Holy Day Seating

Memorial Cards for Book of Memory

Please complete the memorial card included with this mailing and return it to the Temple office together with your donation if you wish to have your loved ones' names included in the Yom Kippur Memorial Book.

Only names listed on returned cards will be included in the booklet.

Deadline for submissions is
Wednesday, October 2nd



The Historic Heart of the
Hamilton Jewish Community

Please join us for HIGH HOLY DAY SERVICES



Selichot
Saturday, September 21st

Erev Rosh Hashanah
Sunday, September 29th

Rosh Hashanah Day I
Monday, September 30th

Rosh Hashanah Day II
Tuesday, October 1st

Erev Yom Kippur
Tuesday, October 8th

Yom Kippur
Wednesday, October 9th

215 Cline Avenue North, Hamilton, Ontario L8S 4A1 Phone: 905-528-0121; Fax: 905-528-2994

Website: www.anshesholom.ca; E-mail: office@anshesholom.ca

High Holy Day Greeting from Rabbi Cohen

Seeking forgiveness is never easy. Especially when we have hurt another person. Our tradition teaches us that we first need to acknowledge to ourselves what we have done, which can be difficult in of itself given all the rationalizations and defense mechanisms that we human beings are so adept at maintaining. Then we need to compensate the other person for any losses they may have incurred because of our actions. This step may be complicated because of all the intangibles. How do we measure the value of hurt, especially when the damage may be more social and psychological than actually physical? It is only after completing these tasks that we can approach the other person directly to appeal for their forgiveness. This, of course, is the most difficult step, because we have no idea how the other may respond. The one seeking forgiveness and the one granting forgiveness may be on completely different timelines. Sometimes you may be forgiven right away, or sometimes you may be refused. You may never actually know if you have been forgiven.

In sins *bein adam l'adam* - between one person and another - it is only after fulfilling all these steps that we may approach God for repentance. We may never know about the other person, but, thankful, God's forgiveness is guaranteed.

This is, indeed, a complicated process, and one that can take an inordinate amount of time to achieve. That is why we are given *Aseret Yemei T'shuvah* – the Ten Days of Repentance that extend from Rosh HaShanah to Yom Kippur. However, for our Sages, even these ten days were not enough time, so the entire Hebrew month of Elul, the month preceding the New Year, was added on as a period of spiritual preparation for the Days of Awe. These 40 days provide us with an opportunity for a deep inventory of the heart and soul and are marked by the inclusion of *S'lichot*, special penitential poems and prayers that are designed to help us focus our intension on the difficult work of *Teshuva* – repentance.

This year, during the month of Elul, which conveniently corresponds exactly with the Month of September, we will be introducing a special new prayer book to help with our preparations for repentance. *Mishkah HaLev* – “A Sanctuary of the Heart” is a companion volume to *Mishkan HaNefesh*, our new High Holy Day Machzor. Like our machzor, *Mishkan HaLev* is full of beautiful readings, poetry, meditations, commentary, and translations to ready the heart and the mind to enter the High Holy Days. *Mishkan HaLev* offers two different services and will be used for two different purposes. Throughout the month of Elul/September, *Mishkan HaLev* will serve as the text for each of our Erev Shabbat services, providing timely and inspiring alternatives to our understanding of the Shabbat liturgy. *Mishkan HaLev* also includes a beautiful and moving new *S'lichot* service which we will offer late on the evening of Saturday, September 21st, following our *S'lichot* program beginning at 8:00 PM.

As is noted in the introduction to *Mishkan HaLev*, “No prayer book can choreograph the turning of our hearts to God and to other people; nor can it possibly choreograph their loving responses to us. Such events are profound and unique; often they are transcendent - moments in which we are transported entirely beyond words, and far beyond the pages of the prayer book. But it is our hope that *Mishkan HaLev* will challenge all of us to open our hearts and minds to the possibility of such moments in our lives.”

May we all be successful in our preparations for the Ten Days of Repentance and may our hearts all be opened to the opportunities of the year ahead. I look forward to welcoming you to Temple Anshe Sholom during the High Holy Days and wish you all a *shana tova u'm'tukah* – a happy, healthy and enriching new year.



Selichot

S'lichot Study & Service | Saturday, September 21st, 2019 | 8:00 PM to 12:00 Midnight

PREPARING FOR THE HIGH HOLYDAYS

SELICHOT

Sept 21 at 8PM

With the rise of hate crimes & anti-semitism throughout the world, join us for a viewing and discussion of the movie THE BELIEVER, the true story of Jewish neo-nazi, Danny Balint.

8:00 - Havdalah & Dessert Reception | 8:30 - Movie & Discussion

10:30 - Transformation & Reflection | 11:00 - S'lichot Service

Service Times

Erev Rosh HaShanah

- Evening Service

Sunday, September 29th

7:30 PM

Memorial Service

- Temple Anshe Sholom Cemetery

Sunday, October 6th

1:00 PM

Rosh HaShanah Day I

- Morning Service
- Family Service
- *Tashlikh* at Princess Point

Monday, September 30th

9:30 AM

9:30 AM

4:30 PM

Erev Yom Kippur

- Kol Nidre Service

Tuesday, October 8th

7:30 PM

Rosh HaShanah Day II

- Morning Service

Tuesday, October 1st

9:30 AM

Erev Shabbat Shuva

- Kabbalat Shabbat Service

Friday, October 4th

7:00 PM

Yom Kippur

- Morning Service 9:30 AM
- Family Service 9:30 AM
- Music Interlude 1:00 PM
- Meditation with the Cantor 2:00 PM
- Rabbi's Study Session 3:00 PM
- Afternoon/Yizkor/Neilah/Havdalah Services 4:00 PM

Wednesday, October 9th

Shabbat Shuva

- Library Minyan
- Religious School
- Torah Study

Saturday, October 5th

9:00 AM

9:15 AM

10:30 AM

Community Breaking of the Fast at the conclusion of the Neilah service.

Rabbi

Jordan D. Cohen, D.D.

Rabbi Emeritus

Bernard Baskin, D.D., LL.D.

Cantor & Program Director

Paula Baruch

Director of Religious Education

Dora-Ann Cohen Ellison

Musical Director

Jordan Abraham

Staff

Office Administrator - Jo-Anne Brown
jbrown@anshesholom.ca

Bookkeeper - Brenda McAlpine
bmc Alpine@anshesholom.ca

Officers

President: Virginia Mendes da Costa

Treasurer: Joel Feldman

Secretary: Sandra Katz Loewith

Past President: Haim Goldstein

Board Members

Steve Arnold
Anna-Rae Fishman
Donald Hill
Benjamin Levitt
Robert Murdoch
Evgueni Ravkine
Martin Sniderman
Bill Shugar
Bill Thorogood



Important Information

Reserved Seating for the High Holy Days

For the High Holy Days 5779/2018, Temple Anshe Sholom will continue to use the current model for Reserved Seating. As in the past, individuals or families who wish to reserve seats for any of the Rosh HaShanah (Day 1) and Yom Kippur morning or evening services will be able to do so. However, there will no longer be one area in the Sanctuary designated for reserved seating.

Reserved seats will be available throughout the entire Sanctuary by request, and all reserved seats will be marked as **RESERVED**, bearing the family name of the one making the reservation. All seats not marked as **RESERVED** will be available for open seating. Reserved seats will be allocated on a first come, first served basis.



Memorial Service



Our Annual Memorial Service will take place
on Sunday, October 6th at 1:00 PM at
Anshe Sholom Cemetery.

Please join us to pay your respects to family, friends and
the builders of our community.

Community Breaking of the Fast

Please join us in a communal breaking of the fast. For those who don't have enough room at your dining table, for those with no family, for those with small families, for students from out of town, and for those who have fasted all day and really don't look forward to cleaning up after their guests have left, this just might be for you.

We invite your participation in a pot luck dairy break fast. Please call Jo-Anne in the Temple office by Wednesday, October 2nd. Let her know that you are coming and what you will be bringing. The Temple will provide bagels, cream cheese and beverages. Your contribution should be brought to the Temple and placed in the upper kitchen prior to the Neilah service.